



### HEALTH STATEMENT

The Shipping Company Clipper *Stad Amsterdam* is making every effort to ensure the optimal safety of all persons on board. We also ask our guests to take responsibility for their own and each other's safety. Health problems, illness or accidents may threaten your safety and the safety of other passengers and crew and could seriously disrupt the sailing program of the vessel.

To prevent misunderstandings we kindly ask you to truthfully answer all questions below, sign and return this document preferably by email.

*\*If you tick 'yes' please provide additional information below.*

- Do you need help in climbing stairs or taking thresholds of 60 cm [2ft]? Yes\*  No
- Are you by experience very prone to motion sickness [sea sickness]? Yes\*  No
- Do you have diabetes? Yes\*  No   
If yes, do you need injections? Yes\*  No
- Do you have any heart problems, current or in the past? Yes\*  No
- Do you use anticoagulants [blood thinners]? Yes\*  No
- Do you use any other medication? If yes, please specify below. Yes\*  No
- Do you have respiratory problems? Yes\*  No
- Do you have epilepsy? Yes\*  No
- Do you have an increased risk for infections or did you have radio- or chemotherapy in the past 2 years? Yes\*  No
- Have you been denied a driver's license on medical grounds? Yes\*  No
- Are you pregnant? Yes  No
- Do you have a hearing or visual impairment? Yes\*  No
- Do you have any other medical condition? Yes  No   
If yes, please specify below.

Details of your medical condition (Including dates of treatment)

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List of your medication (including dosage):

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Known allergies or intolerances:

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If you have answered 'yes' to one or more of the questions on the first page or if you have listed medication, our Medical Advisor may contact you by email to request additional information with regards to your specific situation.

Please note that approval of your health statement is required before your booking becomes definite. We advise you to wait with organizing flights and processing payment until you have received the approval.

If you are in doubt, we suggest you to call your doctor or specialist for advice first.

Usually a ship's doctor will be on board. You are urgently requested to advise the ship's doctor at the onset of the journey of any health problems or use of medicine that may be of importance. Please make sure to bring a sufficient amount of medicine for the entire duration of the trip.

By signing this health statement, you declare yourself to be familiar with and in agreement with the terms and considerations in the above-stated text.

In case changes occur in your health condition after signing this statement, we urge you to contact our office before the start of your journey.

Name: .....

Trip: .....

Date of birth: .....

Length: .....

Weight: .....

Phone number: .....

Email address: .....

Signature for approval: .....